

SPRING FORWARD AND FALL BACK ... INTO DENIM

DON'T LET AUTUMN BLUES GET YOU DOWN — TAKE THE ADVICE OF THESE FASHION EXPERTS TALKING FRESH STYLES PAGE 16

Canada getting ready for Ebola

Public-health officials insist the risk is low, but they're beefing up the country's ability to respond, just in case

I don't know where you magic Pixies came from

But the legendary alt-rockers will play the 'Peg next week FAGE 12



Curriculum tackles bullying 'head-on'



Executive director Lianna McDonald holds textbooks as she speaks at a press conference at the Canadian Centre for Child Protection in Winnipeg on Wednesday. JOHN WOODS/THE CANADIAN PRESS

'It's time to make a change.' New teaching materials introduced in Winnipeg could help save lives, says mother of bullied teenager

A mother who says her daughter was driven to suicide by cyberbullying says a new curriculum will help combat a lack of empathy shown by teens online and save young lives.

Leah Parsons said the teaching material, introduced by the Canadian Centre for Child Protection in Winnipeg on Wednesday, gives her hope for the future.

"We live in a digitized world that is not going to change," she said. "The online world can be very desensitizing, and I feel that empathy for others is lost.

"Imagine the mistakes we all made as teenagers. Now imagine these mistakes being caught on film, on camera and then imagine being ridiculed over and over again.

"This is what's happening to our teens today in the socialmedia world."

Rehtaeh Parsons was taken off life support in April 2013

after a suicide attempt. The 17-year-old girl's family says she was sexually assaulted in 2011 and then subjected to months of online bullying.

The curriculum, which is available to all teachers across Canada, is aimed at kids in Grades 7 through 10. The material touches on sexual exploitation, sexual violence and healthy relationships. It was funded by a \$100,000 gift from the federal government to mark the birth of Prince George of Cambridge.

If the consequences of cyberbullying had been openly discussed in schools, Parsons said her daughter's tormentors might have thought twice.

"I hope it's going to open up a whole new conversation about the impact social media has on our children," Parsons said. "It's time to make change."

Laureen Harper, wife of Prime Minister Stephen Harper, said she's pleased teachers will have access to materials that will help keep children safe

"I think the money was very well spent," Harper said at the launch. "They tackle head-on some of the most vile and disturbing activities, behaviour that makes your skin crawl and heart break." THE CANADIAN PRESS



FIVE THINGS YOU NEED TO KNOW TODAY

1 SUSTAINABILITY DAY AT THE ZOO

The Assiniboine Park Zoo, along with Take Pride Winnipeg!, is launching Sustainability Month via Sustainability Day at the zoo, with 20 exhibitors taking part at the Journey to Churchill exhibit.

TOP 'HOODS FOR YOUR DOLLAR

Three Winnipeg neighbourhoods were named in the top 100 neighbourhoods to invest in by Canadian Real Estate Wealth Magazine. They are Seven Oaks, Point Douglas and Inkster.

HOT SPOTS

San Francisco has launched free Wi-Fi access at more than 30 public parks, plazas and recreation areas, thanks to a \$600,000 grant from Google. Calgarians and Edmontonians already enjoy this luxury, and Vancouver may be next.

4 GET YOUR RUSH ON AGAIN

The popular Rush Hour movie franchise is on its way to becoming an action-comedy series by executive producer Bill Lawrence, creator of Scrubs and Cougar Town, and Brett Ratner, who directed the three feature films.

5 SURREY SIX VERDICT

Two men accused in the Surrey Six killings, in which six people were executed in a Vancouver-area highrise seven years ago, will learn their fate today. Two of the victims were innocent bystanders.

'Peg cabbies about to get some Uber competition?

Tap and go. App-based rideshare system eyeing Winnipeg expansion, would vie with taxis for passengers

The Winnipeg taxi market could be in for an Uber shakeup.

The ridesharing service Uber, which uses mobile technology to deal with some of passengers' biggest complaints about cab companies, is currently advertising on social media for drivers in the Winnipeg market.

"Über is exploring expansion in a number of cities across the country," said company spokesperson Lauren Altmin. "Residents across Canada have been opening the Uber app and asking us to come to their towns, and we look forward to exploring opportunities further."

The company's app automatically determines a passen-

ger's location, says how long the wait will be for a ride, gives an estimated fare and even provides the name and photo of the driver. Fares are typically much lower than traditional taxis.

If the service does come to town, it could help address Winnipeg's chronic shortage of cabs compared to other Canadian cities, according to Steve Lafleur from the Frontier Centre for Public Policy.

"When taxis are hard to come by and expensive, some people might be more likely to decide they are fit to drive after a few too many drinks," he said. "More taxis in the city would also make car-free downtown living more appealing."

Uber currently operates in 150 cities around the world, including Toronto and Vancouver. It has fuelled fare wars in many cities and generated complaints from cab operators.

A representative from Unicity Taxi was not aware of the service when contacted by Metro. COLIN FAST/FOR METRO





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TOW SEE BEFORE

YOU DIE



'It's time to end the puppet show at city hall,' Sanders says

Who's pulling the strings? Political parties and unions, says mayoral candidate

COLIN FAST

winnipeg@metronews.ca

If his run for mayor is unsuccessful, David Sanders could be set for a career as a prop comic.

After standing in front of city hall with a "for sale" sign last week to protest Gord Steeves' plan to sell civic assets, Sanders pulled out a female marionette at a news conference on Wednesday and insinuated some of his opponents are being controlled by political parties and unions.

"It's time to end the puppet show at city hall," he said.

Sanders tiptoed around directly accusing Premier Greg Selinger of having undue influence over Judy Wasylycia-Leis.

"Certainly the other candidates are accusing each other of having their strings pulled by somebody, and I can assure you no one is pulling my strings," he said with a grin. Sanders acknowledged that he is a member of the NDP.

Sanders also invented a

new word, "confusiastic," to describe campaign proposals from Wasylycia-Leis and Brian Bowman that he said are "confused but promoted enthusiastically."

"Neither candidate seems to appreciate just how big the city's present financial problems are, promising they will easily find the money needed to fulfill their campaign promises somewhere in the city budget," he said.

In contrast, Sanders described his own platform as "positive and inspiring" and said his experience in public administration "should get me on most voters' short lists."

Candidate Gord Steeves plans \$150M for roads

Gord Steeves would spend \$150 million on road rebuilding — not patching — if elected mayor in October.

Steeves, who made his announcement on pothole-filled Chrislind Street in Transcona, said the source of this cash would be the cancellation of the \$590-million second phase bus rapid transit project and the selling of city-owned golf courses.

"My plan represents the only real way to accumulate real money for infrastructure, without raising taxes or going deeper into debt," he said before slamming the infrastructure plans put forward by rivals Judy Wasylycia-Leis and Brian Bowman.

"I understand this is Brian's first election, but now even Judy is calling him fiscally irresponsible. When Judy says that, you have a big problem."



Steeves said he'd close roads for faster construction, as well as take the heat for it, promote a 24-hour, sevendays-a-week schedule and ensure that the work is done by the private sector. This would require approval of capital budgets in November, which he's also willing to do.

Quoted

"The fundamental problem is this: We have become salespeople, not craftspeople....
We have become focused on the amount of lane kilometres we do in a year, not in the quality of work that we do."

Gord Steeve:

"All capital projects of any scope will be tendered to the private sector. We are getting out of the in-house business of rebuilding roads as (the City of Winnipeg)," said Steeves, later clarifying that the city's spring pothole-patching program would continue as is.

BERNICE PONTANILIAMETRO



Stabbing reported at Winnipeg high school

Winnipeg police were on the scene Wednesday afternoon after reports of a stabbing near Elmwood High School. Several police cars could be seen in the area, and police tape was up near a house on Chalmers Avenue, where the school is located. A neighbour at the scene told Metro the stabbing victim was a teen in Grade 10. He was taken to hospital. Police did not confirm any information by press deadline. BERNICE PONTANILLA/METRO



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"Now that I'm finished and I see what my future is, I wouldn't change anything... I think it was the best decision I over made." - Darlene K, RCT, Stenberg grad

Due to overwhelming demand a 2nd Information Session has been added

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*Cannot be combined with other bursaries.

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Election Roundup: City Centre Community District

Metro Winnipeg is providing an overview of the council races, starting off with the three wards that make up the City Centre Community District: Fort Rouge-East Fort Garry, River Heights-Fort Garry and Daniel McIntyre. Visit metronews.ca/tag/winnipeg-civic-election-2014 for all of our election coverage.

BERNICE PONTANILLA

bernice.pontanilla@metronews.ca



Fort Rouge-East Fort Garry

Candidates: Jenny Gerbasi (incumbent), Norm Miller, Shane Nestruck

Considered a safe seat for incumbent Jenny Gerbasi; however, rivals Shane Nestruck and Norm Miller are hoping to channel the desire for change at the mayoral level to the councillor level.

Nestruck said his experience on the campaign trail is that many people are equating what's wrong at the municipal level with Mayor Sam Katz, instead of — as Nestruck sees it — all of council sharing in the blame.

"People say, 'Why are you running?' and I say, 'Well, cause I'm pissed off,' and I really am. I cannot watch my city go down the drain,' said Nestruck, adding he's concerned about the rapid-transit project's cost and how decisions are being made at city hall.

"It's very difficult running against an incumbent. I'm hoping for a protest vote."

Miller echoed Nestruck's comment on the struggle it is to take on a 16-year councillor. He believes Gerbasi has overstayed her time on council.

"She should have gone on to provincial or federal politics," he said, adding he'd tackle infrastructure, promote more-effective snow clearing and spur on the creation of an off-leash dog park in the ward.

Gerbasi and Nestruck faced off in 2010. In that race, Gerbasi comfortably beat Ian Rabb by 5,000 votes and Nestruck by a few thousand more — but isn't taking anything for granted.

"Regardless of who is running against me, I think it's important to communicate to the residents, to be out there," said Gerbasi, who's hosting coffee parties, door knocking and sending out literature.

"You can never just sit back and just say, 'This is a safe seat, and I'm not doing anything."

Gerbasi said she feels she's been an advocate for her ward as well as the entire city, especially on transparency, having moved the motion for the real-estate audit.



River Heights-Fort Garry

Candidates: John Orlikow (incumbent), Taz Stuart

This is the lone two-way race in the entire election, pitting a pair who knows well the ins and outs of municipal government, albeit from different perspectives.

Taz Stuart, who worked as the city's entomologist for nearly a decade, said he believes his experience as staff gives him an edge over John Orlikow, who has represented the ward since 2009.

Stuart, known for his curly brown locks, said he sees the race as being "fairly tight, closely contested."

"As a person who's been in municipal government for over 21 years, I know the inside and I want to see if we can make it better from the outside," he said, adding residents are mostly raising concerns on local infrastructure related to transportation, such as the Waverley underpass.

Orlikow said he's focused on knocking on as many doors as he can and continuing to answer questions on regional roads, especially the bottlenecks that force traffic through residential areas.

"We have a couple hundred signs up, and keep going, just keep going," he said.

Both candidates are also playing nice, for now.
"He's a good guy. It's not about him personally; it's about getting a seat on council, and getting there is about getting more votes than him," said Stuart.

Said Orlikow: "I'll let the voters decide. I have no comment on Taz."



Daniel McIntyre

Candidates: Keith Bellamy, John Cardoso, Dave Donaldson, Cindy Gilroy, Godwin Smith, Harvey Smith (incumbent)

The battle for the Daniel McIntyre seat is in many ways a repeat of 2010, with familiar faces and the same question being posed: has the incumbent, in this case Harvey Smith, been in office too long?

Cindy Gilroy, Keith Bellamy and John Cardoso all ran against Smith four years ago. Gilroy came in second. "I've been out there really early, door knocking. I

"I've been out there really early, door knocking. I came within 108 votes last time, so I've been trying to get to every single door," said Gilroy, a former school trustee, adding that among the feedback she's received on the campaign trail is a need for more affordable housing

Cardoso said he plans to release his platform soon in order to set himself apart from the crowded field, adding that many residents have raised windrows as an issue.

Former Winnipeg Blue Bomber Dave Donaldson and Godwin Smith join the four in this election, and both have their sights set on winning to address what they see as the biggest concern in the area: safety.

"Daniel Mac ward is a huge area, but I've been taking it street by street, on my own," said Donaldson, who, unlike previous media reports stated, is committed to the municipal race and becoming a councillor. "It's been extremely rewarding."

For his part, incumbent Harvey Smith said he's confident he'll be returning to city hall because ward residents are happy with his work on fining landlords that keep apartments cold and Sherbrook Pool.

"I'm going to win; I have no worry whatsoever," he said.

metronews.ca Thursday, October 2, 2014

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Winnipeg kitten rescue under threat

Future uncertain.

Construction may force Craig Street Cats to close



A Winnipeg not-for-profit kitten rescue organization is at risk of closing for good after months of roadwork around its St. James adoption centre.

Craig Street Cats executive director Lynne Scott tells
Metro that construction has

Oueted

"The hydro project makes it impossible for customers to access the building."

Craig Street Cats executive director Lynne Scott

blocked all major road access to its location at 489 Madison St. since July, leading to a drastic drop in the adoptions and donations it relies on to operate

"We are 100 adoptions

short of where we were last year, and income is down \$30,000 to \$40,000," she said. "We are always one month away from having to close. This has put us about a week away from having to close. We're day-to-day right now."

A Manitoba Hydro project that's closed Madison Street from Silver Avenue to St. Matthews Avenue has had the biggest impact on business, and ironically Scott said Manitoba Hydro has threatened to cut her power and gas service unless she can tell them when she can pay her utility bill.

"The hydro project makes it impossible for customers to access the building," she said in a release late Wednesday. "There simply is nowhere else for our cats to go and no way for us to predict when we will have the money to pay our bill."

Scott said Manitoba Hydro has told her the work should be complete by November, but until then she wants the public to know they can still access Craig Street Cats through a back lane off of Silver Avenue, just behind the Future Shop on St. James Street.

Updated Polo Park unveiled

Eager shoppers lined up to get their first look at Polo Park Shopping Centre's multimillion-dollar makeover Wednesday morning.

Polo Park has spent two years — and \$49 million renovating the space where Zellers had been on the mall's second floor to make room for 17 new retailers, including Nine West, Thomas Sabo and Fossil.

The cost was worth it, according to Donna Daniels, who was among the first shoppers through the new space.

"It's beautiful; I think

they did very well," said Daniels. "It's so big and open."

The 114,000-squarefoot space also features the return of the Disney Store, Urban Outfitters and Anthropologie, which are slated to open in a few weeks.

"We're very excited that everything will be open and ready to go for the holiday season," said Polo Park general manager Deborah Green. "It's been a lot of work and it's great to see it done and all these shoppers here." SHANE GIBSON/METRO



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Shipwreck identified as HMS Erebus, Harper says

Franklin's ship.

The wreck was found some 11 metres below the surface in the Queen Maud Gulf

The historic shipwreck found in the Arctic has been identified as HMS Erebus, the vessel on which Sir John Franklin himself sailed — and may even have perished — in search of the Northwest Passage in 1845.

Prime Minister Stephen Harper, who took obvious delight last month in delivering news of the discovery, revealed Wednesday just which of the two ships from Franklin's doomed voyage it is.

"I'm delighted to confirm that we have identified which ship from the Franklin expedition has been found," Harper told the House of Commons.

"It is, in fact, the HMS Erebus."

The discovery of the wreck, found some 11 metres below the surface in the Queen Maud Gulf, was confirmed Sept. 7 but was not identified until now.

The Prime Minister's Office said Parks Canada underwater archeologists confirmed the find with a "meticulous review of data and artifacts" on the ocean floor using high-resolution photos and video and multi-beam sonar measurements

The two ships of the Franklin expedition and their



crews, 129 members in all, disappeared during an 1845 quest for the Northwest Passage. So far, the location of the other ship, HMS Terror, remains a mystery.

Since 2008, Parks Canada has led six major searches for the lost ships, which long ago captured the Victorian imagination and gave rise to many searches throughout the 19th century for Franklin and his crew.

There's some debate over whether Franklin's final resting place is on King William Island or the ship. Harper recently seemed to suggest he believes it's the latter.

Four vessels — the Canadian Coast Guard ship Sir Wilfrid Laurier, HMCS Kings-

Fate

The mystery of what happened to Franklin and his men has never been solved.

• One of the early Franklin search parties discovered a note left in a cairn at Victory Point on King William Island that recounted how both ships got trapped in the ice in late 1846 and that Franklin died on June 11, 1847.

ton and vessels from the Arctic Research Foundation and B.C.based One Ocean Expeditions — led the search this summer.

The One Ocean ship was in fact a Russian-flagged vessel

known as the Akademik Sergey Vavilov, which served as a platform for the federal government's state-of-the-art underwater survey vehicle, which confirmed the wreck.

A sonar image released when the discovery was announced shows the shipwreck appears to be well-preserved. It was found resting five metres off the sea floor in the bow and four metres in the stern.

The image showed some of the deck structures were still intact, including the main mast, which was sheared off by the ice when the ship sank.

Parks Canada didn't immediately respond to a request for more details about the identification of the Franklin shipwreck. THE CANADIAN PRESS

NFL. Scandal is making people talk about domestic violence: Gloria Steinem

Feminism pioneer Gloria Steinem says that if anything good has come from the NFL's domestic-violence scandal, it's that we're actually talking about domestic violence.

"When the women's movement started, there was not even a term called domestic violence," Steinem said. "It was just called life."

International human-rights organization Equality Now announced Wednesday it will honour Steinem for her six decades of work for women's rights. Actress Salma Hayek Pinault will also be recognized for her efforts to end violence against women and girls at the organization's gala fundraiser

Nov. 3 in Beverly Hills.

U.S. Department of Justice statistics show as many as a third of female murder victims are killed by intimate partners.

"That's by far the time she's most likely to be murdered," said Steinem. "And yet we say to women, "Why don't you leave?"

As the nation discusses domestic violence, Steinem urges people to consider that "the most dangerous time for a woman is when she is about to escape or has just escaped" from an abuser. Steinem said she admires Hayek Pinault, her fellow Equality Now honouree, for both her artistic and activist work. THE ASSOCIATED PRESS

What's in a name?

Facebook apologizes after deleting accounts with drag names

Facebook is apologizing to drag queens and the transgender community for deleting accounts that used drag names like Lil Miss Hot Mess rather than legal names such as Bob Smith.

The world's biggest online social network caught heat recently when it deleted hundred of accounts belonging to self-described drag queens, other performers and members of the lesbian, gay, bisexual and transgender community. Facebook has long required its users to go by their "real names" on the site for security purposes, to stand out from other social networks and so it can better target advertising to people.

Now, the company says the spirit of its policy doesn't mean a person's legal name but "the authentic name they use in real life."

Last month, the company suggested that performers such as drag queens have other ways of maintaining their stage identities, such as creating pages that are meant for businesses and public figures.

THE ASSOCIATED PRESS



metronews.ca Thursday, October 2, 2014 **NEWS**

Karadzic genocide trial. Ex-Bosnian Serb leader

insists he is innocent

Former Bosnian Serb leader Radovan Karadzic insisted Wednesday that prosecutors at the UN's Yugoslav warcrimes tribunal do not have "a shred of evidence" linking him to atrocities during the Bosnian war and accused them of trying not only him but all Bosnian Serbs.

Still, Karadzic acknowledged that as wartime leader of the breakaway Serb entity in Bosnia, he "bears moral responsibility for any crimes committed by citizens and

Terror charges dropped

Former Gitmo detainee walks free

British prosecutors dropped terrorism charges Wednesday against former Guantanamo Bay detainee Moazzam Begg, just days before he was due to stand trial for allegedly attending

Karadzic is charged with crimes including genocide and persecution committed by Bosnian Serb forces during the 1992-95 war that left 100,000 dead.

The 69-year-old accused prosecutors of building their case on "allusions, random chit-chat (and) testimony by their own employees."

THE ASSOCIATED PRESS

a terrorism training camp in Syria in 2012-2013 and for funding terrorism, among other charges.

Prosecutors acknowledged new evidence had emerged that undermined the case. Begg walked free after spending seven months in prison awaiting

THE ASSOCIATED PRESS

Jun Lin's ex testifies at Magnotta's murder trial



testifying at the murder trial of Luka Rocco Magnotta on Wednesday in

Stayed friends. Feng Lin says he stopped getting texts from Jun Lin on the day friends last saw slain student

Jun Lin was a fitness buff who didn't smoke, drink or do drugs, a former lover of the slain Chinese student told court during Luka Rocco Magnotta's first-degree murder trial.

Feng Lin testified Wednesday that he and Jun Lin, 33, were lovers from late 2010 until mid-May 2012, not long before some of Jun Lin's remains were found in trash outside a Montreal apartment building.

Feng Lin, a 35-year-old software company manager who travelled from China to testify, said Jun Lin's family did not know their son was homosexual. "He was experiencing some pressure from his family and he was kind of obliged to go into a relationship with a girl for an eventual marriage," Feng Lin said.

Feng Lin, who has permanent resident status in Canada, went to China for the summer on May 13, 2012, less than two weeks before Jun Lin was slain.

The witness testified they remained friends when the relationship ended and that he texted Jun Lin up to 50 times a day, with his exlover's last message coming on May 24, 2012. That was the day friends last saw the Concordia University stu-

He said he asked friends in Montreal to look for Jun Lin, but they were unsuccessful. He then decided to come back to Canada. While in transit, he was told by a friend about a video online that appeared to show Jun Lin. the canadian press

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metr⊕ **NEWS** metronews.ca Thursday, October 2, 2014

Enterovirus D68

B.C. child and teen hospitalized with polio-like symptoms

A new threat is emerging in the outbreak of the respiratory illness enterovirus D68 — a small number of infected patients in Canada and the U.S. have developed polio-like symptoms. Health officials in

British Columbia say two young males hospitalized with the respiratory virus have developed paralytic symptoms: a child between five and 10 years old is experiencing weakness in one arm that has not improved for nearly a month, while a teen aged 15 to 20 also developed weakness in one arm and is still on a breathing machine after being hospitalized for about the same period.

The two young patients, whose paralysis set in about the same time as other symptoms began, live several hundred kilometres apart and have no connection to one another, B.C. officials said. THE CANADIAN PRESS

The last straw

Secret Service chief guits due to White House security lapses

Secret Service Director Julia Pierson abruptly resigned Wednesday in the face of multiple revelations of security breaches, bumbling in her agency and rapidly eroding confidence that the president and his family were being kept safe.

President Barack Obama "concluded new leadership of that agency was required," said spokesman Josh Earnest.

High-ranking lawmakers from both parties had urged her to step down after her poorly received testimony to Congress a day earlier — and revelation of yet another security problem: Obama had shared an elevator in Atlanta last month with an armed guard who was not authorized to be around him.

That appeared to be the last straw that crumbled trust in her leadership in the White House.

THE ASSOCIATED PRESS



bulance pulls into the Dallas Fire-Rescue station 37 in Dallas, Wednesday. Three EMT's from this location are under a 21-day quarantine after a patient

Canada prepares for potential Ebola case

Low risk. Hospitals on the lookout for possible cases among people who travelled to West Africa

murder for killing teenager A jury convicted a Florida what he believed to be a rifle

Argument over loud music.

Man convicted of 1st-degree

man of first-degree murder on Wednesday in his retrial for killing a teenager after an argument over loud music. Prosecutors said Michael

Dunn had intent to kill when he fired 10 times into a sports utility vehicle carrying 17-year-old Jordan Davis and three of his friends in November 2012. The jury reached its verdict after more than five hours of deliberations.

Dunn, who took the stand in his own defence, said he fired in self-defence. He told jurors that he saw Davis flash

after the two exchanged words outside a convenience store.

Investigators never found a gun in the SUV or in the nearby area, and Davis' three friends testified that there was no gun.

Dunn was convicted of three counts of attempted second-degree murder in February and faced at least 60 years in prison. The jury in the first trial deadlocked on the first-degree murder count, which led prosecutors to retry



Health Minister Rona Ambrose and Dr. Greg Taylor, head of the Public Health Agency, say the country has been preparing in case an Ebola case arrives in

They insist the risk of that happening remains low, but say much work has been done to beef up the country's ability to respond should it happen.

The two spoke at a news conference called to address concerns raised by Tuesday's announcement that a Dallas, Texas, hospital diagnosed Ebola in a man who recently travelled to the state from Liberia, one of the hardest hit countries.

Taylor says the Public Health Agency has worked with Canada Border Services Agency and with airlines to advise them on what to do about passengers who appear to be ill while flying or when trying to enter the

Hospitals have been alerted to be on the lookout for possible cases among people who have travelled to West Africa.

Taylor says the Public Health Agency is considering sending doses of an experimental Ebola vaccine to hospitals that have been designated to look after Ebola cases if they occur, so health-care workers could use it if they have a risky exposure to a patient.

The vaccine was developed at the agency's National Microbiology Laboratory in Winni-

Provincial laboratories are working to develop the ability to test for Ebola, with Quebec's facility already capable of doing so, Taylor says. Provincial labs in Ontario, British Columbia, Alberta and Nova Scotia will soon be able to test for the virus as well, he says.

"They can rule out Ebola very, very quickly," Taylor says. "And if they get a preliminary positive they will ship that to our laboratory (in Winnipeg) and we will do a definite positive to be absolutely certain. And that's part of the preparedness in case somebody does get through, comes to Canada with Ebola." THE CANADIAN PRESS

Visiting from Liberia

U.S. Ebola patient

The first Ebola patient diagnosed in the United States told health-care workers on his initial hospital visit that he had recently been in an area affected by the deadly disease, but that information was not widely shared, a hospital official said Wednesday.

Thomas Eric Duncan went to a Dallas emergency room Friday and explained that he was visiting the U.S. from Liberia. He was sent home with antibiotics, according to his sister, Mai Wureh.

He returned two days later, after his condition worsened, and was admitted to Texas Health Presbyterian Hospital.

Dr. Mark Lester, who works for the hospital's parent company, said a nurse had asked Duncan whether he had been in

any part of West Africa, where Ebola has killed thousands. But that "information was not fully communicated throughout the whole team."

A day after the man's diagnosis was confirmed, a nine-member team of federal health officials was tracking anyone who had close contact with

The team from the Centers for Disease Control and Prevention was in Dallas to work with local and state health agencies to ensure that those people are watched every day for 21 days.

"If anyone develops fever, we'll immediately isolate them to stop the chain of transmission," Dr. Tom Frieden, the CDC director, said in an interview.

Duncan has been kept in isolation at the hospital since Sunday. He was listed in serious but stable condition.

THE ASSOCIATED PRESS

metronews.ca Thursday, October 2, 2014 **NEWS**

Safe and sound. Spanish scientist rescued after spending 12 days in cave

A Spanish speleologist has been rescued after 12 days trapped about 400 metres underground in a Peruvian cave in the country's remote Amazon region.

Rescuers brought 44-yearold Cecilio Lopez out of the mouth of the cave Tuesday to cheers from an international team of 107 people, who joined in the effort to get him out after he was injured deep in the cave. The rescuers, who included 58 Spaniards, hugged each other in excitement.

Peruvian civil-defence of-

Injured in the fall

Not only was Cecilio Lopez trapped for 12 days in a cave 400 metres underground, he also had a concerning injury.

Injured back. Doctors have diagnosed Lopez with two injured lumbar vertebrae.

ficials said he would be flown in an air-force helicopter to Lima. THE ASSOCIATED PRESS

India

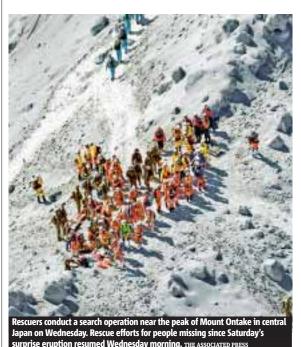
Train crash kills 12

A train overshot a stop signal and plowed into another express passenger train in India's northern Uttar Pradesh state, killing 12 people and injuring dozens, officials said Wednesday.

Three coaches of the

Barauni Express derailed and toppled over after the Krishak Express crashed into it near Gorakhpur city station late Tuesday, said Madhuresh Kumar, an Indian railways general manager. The Krishak Express driver and his assistant were suspended after it was determined that they overshot a stop signal before the crash. THE ASSOCIATED PRESS

Mount Ontake eruption death toll climbs to 47



Police paint 'severe' picture. Japan's most fatal postwar-era volcanic eruption also left nearly 70 injured

One body recovered near the volcano's peak was in a squatting position and had to be dug out of a thick layer of ash. Another was caught between boulders bigger than large refrigerators. Police who recovered the bodies Wednesday portrayed a painful scene of death around the summit where hikers enjoying an autumn weekend were surprised by the mountain's eruption.

The death toll from Saturday's eruption on Mount Ontake - one of the country's 110 active volcanoes in central Japan rose to 47, Nagano police said in a statement. While ash and gases were spewing from the crater,

search teams wearing surgical masks and helmets carried devices to measure the toxicity of the gases to make sure it was safe to be on the slopes.

Ontake's was the most fatal eruption in postwar history, exceeding the 43 killed in the 1991 eruption of Mount Unzen in southern Japan.

Japanese authorities mobilized CH-47 helicopters to bring the last of the bodies down to the foot of Mount Ontake from the summit, where police said they found many of the bodies.

Nagano police riot-unit leader Mamoru Yamazaki described the rescue scene as 'severe.'

Authorities said all of the known victims have been recovered, but the decision on whether to end the search is still being evaluated.

In addition to the 47 lost lives, nearly 70 were injured as they tried to escape down the mountain.

THE ASSOCIATED PRESS



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Your genes unlocked

DNA. 23andMe now offers ancestry and genetic health info to curious Canadians

Canadians interested in learning about their DNA can now send their spit to 23andMe, a Silicon Valley company, and receive information about their ancestry and reports on their genetic health risks.

The service, which has been banned in the U.S., analyzes participants' DNA and, through its website, provides information about customers and their family members based on their genetics.

Customers receive a report on their ethnic ancestry and are given the option of connecting with their unknown relatives in the 23andMe database.

Canadian customers receive access to 108 health-related reports on genetic risk for health conditions, drug responses, genetic traits and inherited conditions.

23andMe used to offer a similar health-report service in the U.S. but was banned from doing so by the Food and Drug Administration for failing to provide the FDA with information to support the claim that its reports are accurate.

23andMe CEO and cofounder Anne Wojcicki said the company is working with the By the numbers

\$199

The cost of the service

FDA to gain approval but that it didn't have to jump the same regulatory hurdles in Canada.

"We've come here a number of times and met with Health Canada," she said. "We got the specific feedback that we are not a therapeutic. Therefore we do not require pre-market approval."

The health-related information 23andMe offers Canadian customers ranges from frivolous to serious. For example, customers will automatically see if they have a high or low tolerance for caffeine.

However, they have to opt-in to learn if they have mutations of the BRCA gene that present a high risk for breast cancer, the LRRK2 and G2019S mutations that present a risk for Parkinson's or variants of the APOE gene that present a higher risk for Alzheimer's. They are given information about the link between the genes and the diseases before choosing to opt-in.

Customers can also download their raw genetic info and share it. JESSICA SMITH CROSS/METRO

Next week Metro will take a look at the implications of 23andMe and commercial genetic testing.



Health Canada cracking down on flavoured tobacco

Candy-flavoured cigars appear on display at a custom tobacco shop in Albany, N.Y., in 2013. In Canada, the federal government is aiming to crack down on flavoured tobacco products that target young smokers. Health Minister Rona Ambrose is proposing regulatory amendments that would further restrict access to the items. Ambrose also says she's asking the federal standing committee on health to study the potential risks and benefits of so-called e-cigarettes and to seek the advice of health experts.

HANS PENNINK/THE ASSOCIATED PRESS

True. Pepsi launching mid-calorie soda option

There's Pepsi, Diet Pepsi and now Pepsi True, a mid-calorie version of the soda made with natural sweeteners.

PepsiCo Inc. said Wednesday the latest version of its flagship soda will have 30 per cent fewer calories than regular and be made with a mix of sugar and stevia, a natural sweetener with no calories.

The drink will go on sale later this month on Amazon. com before eventually being rolled out to supermarkets and other traditional outlets, according to the company. It will

come in 7.5-ounce cans, each 60 calories.

As Americans keep cutting back on soda, Coca-Cola and Pepsi have been looking for ways to win back customers by addressing concerns about the high-fructose corn syrup in regular soda as well as the artificial sweeteners in diet sodas.

Executives have pushed to come up with formulas with fewer calories using only natural sweeteners. But the bitter aftertaste of some natural sweeteners has made that a struggle. THE ASSOCIATED PRESS

Security

Kimmel the most dangerous celeb online: McAfee

If you're about to Google Jimmy Kimmel, beware.

Computer security company McAfee says the talk-show host is the most dangerous celebrity to search for online.

The company said Tuesday that a search for Kimmel carries a 19 per cent chance of landing on a website that has tested positive for spyware, viruses or malware.

THE ASSOCIATED PRESS

Market Minute









Natural gas: \$4.02 US (-\$0.10) **Dow Jones:** 16,804.71 (-238.19)

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VOICES

THE HIDDEN COSTS OF FLYING (FOR DUMB PEOPLE)

I'm in favour of the new checked-baggage fees on Canadian airlines because, when it gets right down to it, I'm in favour of anything that will get everybody else to stop flying.

I like flying myself. Literally, I like flying my-

Unfortunately, flying is more popular than ever, even as airlines charge for everything "ex-tra," such as the wings. At this rate the oxygen masks will all be coin-op and the flight attendants will tell you not to blow up your life jacket until you've paid the Emergency Improvement Fee. Inflation these days.

The airlines' new fees caused a media tizzy and led to a series of helpful TV pieces letting you know that you can avoid checked baggage if you:

Wear all your clothes at once à la the snowsuit in A Christmas Story.

Roll what you can, including T-shirts and your iPhone 6.

 Condense all your rage at airline fees down into an angry little ball deep in your soul, where it won't bother anyone. For now.

Airline customers are upset, but if it keeps them on buses or motorcycles or skiffs then, by all means, charge them a landing-gear fee during final approach.
I'll be cool with that, because the fewer

people in the air with me, the better. Every time I fly my thought is always the same: has nobody ever flown before?

It starts at the airport. EVERYBODY lines up for the plane at the first sign of boarding as if the pilot is out front revving the engine and honking the horn because he has to get to Newark before the liquor store closes.

People have told me this is because passengers want to get

good space for their overhead baggage, but I maintain it's because they are not the sharpest tool on the banned-items list.
Why? Because they do the same thing when it's time to get off.

During boarding I'm amused, but while disembarking it drives me nuts. Passengers leap to their feet the second the plane stops — with the door closed, the stairs missing, no space to stand up and a layout that requires you to exit one row at a time. All so you can rush to a baggage carousel that has no baggage on it yet.

has no baggage on it yet.

So everybody's annoyed at flying right now, including me, but I have a compromise that could help: airlines should drop the proposed checked-baggage fees and instead make up costs by charging for all in-flight idiocy. I call them Facepalm

Even putting aside the rush to get on and off, airlines could introduce penalties for leaning on aisle seats as you walk (\$5), talking to flight attendants like they're servants (\$100) or whomping your seat backward during the meal

But don't they know climate change is a myth?

John Mazerolle



Weary walruses come to shore in record numbers

Pacific walruses that can't find seaice for resting in Arctic waters are coming ashore in record numbers on a beach in northwest Alaska.

An estimated 35,000

walruses were photographed Saturday near Point Lay, an Iñupiat village more than 1,000 kilometres northwest of Anchorage, according to the National Oceanic and Atmospheric Administration.

The gathering of walruses on shore is a phenomenon that has accompanied the loss of summer sea ice as the climate has warmed.

Pacific walruses spend winters in the Bering Sea. Females give birth on sea ice and use ice as a diving platform to reach snalls, clams and worms on the shallow continental shelf.

Unlike seals, walruses cannot swim indefinitely and must rest. They use their tusks to "haul out," or pull themselves onto ice or

THE ASSOCIATED PRESS

The walrus speaks

'The walruses are telling us ... that the Arctic environment is changing extremely rapidly and it is time for the rest of the world to take notice."

World Wildlife Fund's Margaret Williams



The amazing underground race



ANDREW

A while back, a London man took one of those Race The Subway To The Next Stop challenges, dashing his way to the sweet reward of collapsing onto the floor of a subway in an exhausted heap. Well, another Londoner named Anthony wanted in on the challenge. There's just one twist, however. Anthony



uses a wheelchair to get around, which makes racing to a station that may not be terribly accessible - like many transit stations around the world - trickier than usual. (The Free Help Guy/YouTube)

RE: Half the World's Animals are Gone: The First Step is Admitting We're the Problem, published online Oct. 1, 2014

Fear not, I'm sure we have people in the field doing all they can to finish off

Maple Syrup, posted to metronews.ca

metræ,

SEE THE NEWS COME ALIVE

In this issue, you can find AR enhancements on page 22

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12 SCENE metronews.ca Thursday, October 2, 2014

Your head will collapse ... Pixies set to play the 'Peg

Indie Cindy. Band excited to be touring their first LP since 1991



BACKSTAGE PASS Jared Story winnipeg@metronews.ca

Ten years after reuniting, the Pixies finally have a new album.

Released in April, Indie Cindy is the influential American alt-rock band's first fulllength album since 1991's Trompe-led Monde.

Pixies guitarist Joey Santiago says that while it was fun playing classics like Gigantic and Where is My Mind? to sold-out audiences around the world for the last decade, the band wasn't content to rest on its laurels.

"We just wanted to be a real band, and real bands tour and record," Santiago says. Easier said than done. In

Easier said than done. In 2012, the Pixies began recording new material at Rockfield Studios in Wales, only to have co-founding member Kim Deal quit the band just days into the process.

Despite the bassist/back-

Despite the bassist/backing vocalist leaving the Pixies in a bit of a lurch, Santiago says there are no hard feelings.

ings.

"We both gave each other our blessings. Kim understood that we had to keep going and we blessed her good tidings on her adventure," said Santiago, who is joined in the Pixies by vocalist/guitarist Black Francis and drummer David Lovering.



In July, the Pixies announced the addition of Kim Shattuck of The Muffs to the band, but she was promptly dismissed in November. Paz Lenchantin, formerly of A Perfect Circle, has since been added to the Pixies as a touring member.

No Deal, but one thing that hasn't changed on Indie Cindy is producer Gil Norton, who also produced previous Pixies albums Doolittle (1989), Bossanova (1990) and Trompe le Monde.

"(He was) very important. We didn't need another variable that we had to deal with. We didn't need another variable that would put extra pressure on us," Santiago says.

Santiago said he's proud of the Pixies new music. Still, there will always be critics. Santiago said someone told him Blue Eyed Hexe, a midtempo rocker, sounded "too much like AC/DC."

"My answer was, 'What

the hell is the problem with that? Um, thank you.' I love those guys (AC/DC). When they're on the radio, that shit gets cranked," Santiago said.

Santiago said the AC/DC-esque song is one of his favourites to play live, along with new songs like Bagboy, What Goes Boom and Magdalena 318.

He says the new material has re-energized the Pixies live show.

"When the new songs come up, you just put the concentra-

If you go

The Pixies play Burton Cummings Theatre on Thurs., Oct. 9. U.K. rock duo Royal Blood opens the show. Tickets are \$85.75, \$75 and \$44 at Ticketmaster. Showtime is 7:30 p.m.

tion hat on and say 'Let's not f-ck it up!' It feels like the old days," Santiago said.

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Drug lord's wife becomes a detective

Gracepoint. Breaking Bad's Anna Gunn co-stars in new adaptation of British murder mystery

metronews.ca Thursday, October 2, 2014

How would you react if Skyler White pulled you over in a police car?

That became a reality for some L.A. residents when the actress who played a drug king-pin's wife on Breaking Bad put on a cop uniform and joined an officer for a ride-along.

Anna Gunn was preparing for her new role in Grace-point, premiering Thursday on Global, in which she plays a small-town detective investigating a child murder. The two-time Emmy winner re-called shadowing the officer as he stopped and questioned

several people.
"I was like, 'What if they're
Breaking Bad fans?" she said
with a laugh. "The officer said, 'Oh, no, that won't be a prob-lem. You'll just say, 'Oh, I get that all the time."

Gunn, 46, used that excuse twice — and, to her surprise, it worked

Gracepoint is the new adaptation of acclaimed British series Broadchurch. The show starred David Tennant and Olivia Colman as detectives in a picturesque community that devastated after an 11-yearold boy is found murdered on

Tennant reprises his role as a crotchety outsider with a hidden past in Gracepoint,

replacing his Scottish brogue with an American accent. Meanwhile, Gunn takes on Colman's role as the warmer Det. Ellie Miller, who has a family and strong roots in the town (Oak Bay, B.C., posing as northern California).

Gunn said she was "swept away" after binge-watching Broadchurch, and was im-mediately drawn to Miller.

"I really loved the duality in her character, the fact that she was really strong but confident," she said. "She's got a soft heart. She believes deeply in the goodness of people. I just loved that she had so many things going on at the same time ... She was trying to be a good mom and a good detective and a good wife.

Tennant recently admitted he was nervous to meet Gunn and see if he could recreate the strong working relationship he forged with Colman. Gunn agreed she felt anxious before meeting her co-star.

"I did feel a little bit of nerves, but they evaporated as soon as I met him," she said. "He's very funny and open. He's truly a lovely human being ... I think we just both approach working in a similar

way."
She said she felt "so lucky" to work with Tennant after having such a close relationship with her Breaking Bad co-star Bryan Cranston. Gunn won her second Emmy in August for her role on the wildly popular series.

"It was the culmination of this tremendous journey and this amazing ride," she said of the recent Emmys, in which the show won five awards including outstanding drama series. "We just felt very, very lucky. It was a cohesive, tight, close-knit family."

The early episodes of Gra-cepoint are similar to Broadchurch, but it has a biggername cast, including Nick Nolte and Jacki Weaver, 10 episodes instead of eight and a different ending.

Kevin Canadian actor Zegers, who plays small-town reporter Owen Burke, said the show is "diametrically opposite to 95 per cent" of what's on television.

"It's like a really, really good movie that happens to last 10 hours," he said. "Whether I were in it or not, this would be

a show I would be watching."

Unlike Gunn, Zegers chose not to watch Broadchurch ahead of time.

"They hired very different actors from the original show," he said. "I didn't really want to get muddled with copying what someone else had done. So I kind of just wanted to walk into it with my idea of who this guy was."

SCENE

Zegers, a 30-year-old actor who hails from Woodstock, Ont., said his character is more 'lazy" than his Broadchurch counterpart.
"He's kind of nonchalant

about everything. He's not that uber-focused guy that was in the original show."

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Empire. Naomi struts her way into a seductive role

Supermodel and actress Naomi Campbell will play a recurring character on the new hip-hop drama Empire, which premieres early next year on Fox.

Hailing from Lee Daniels and Danny Strong (The Butler), Empire centers on Lucious Lyon (Terrence Howard), a former music star turned hip-hop mogul.

Diagnosed with a terminal illness, he must choose which of his three sons will take his place at the head of his record label. Stopping at nothing to

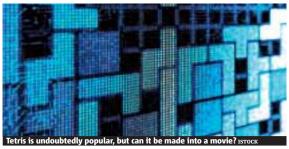
protect his dynasty, he faces additional pressure from his ex-wife Cookie (Taraji P. Henson), who is back on the scene after serving close to two decades in jail.

Campbell will play Camilla, a seductive woman having a torrid affair with one of the potential heirs.

tential heirs.

"Naomi is a beautiful actress. Underrated in my mind," said Daniels. "She will be wonderful as Camilla. I am truly thrilled to have one of my close friends join us." AFP





Tetris. Shapely superstar finally hits the big screen

The classic videogame Tetris, in which players must slot a cascade of tumbling blocks together, is being turned into a science-fiction movie.

Tetris has been a mainstay of computer gaming since it was created 30 years ago, but the shape-shifting puzzle doesn't seem like an obvious subject for a big-screen adaptation.

Threshold Entertainment said in a statement that it is partnering with The Tetris Company to develop the film. "Everyone knows that Tetris

"Everyone knows that letris is one of the best-known, mostbeloved brands in the world," Threshold chairman Larry Kasanoff said. "What everyone doesn't know yet is this epic sci -fi story that we're going to tell. That's what's really exciting."

Threshold has already scored some game-to-movie successes, notably two Mortal Kombat films. Henk Rogers, the managing director of The Tetris Company, said the game feeds our "innate desire to create order out of chaos."

"You'll soon find out, there's much more to Tetris than simply clearing lines," he said.

Tetris has been downloaded more than 425 million times as a paid-for app on mobile devices, and is played more than a billion times online annually, according to the statement. AFP

Movies

Cast of Magic Mike XXL gets extra-larger

Actress Elizabeth Banks, recently seen in Walk of Shame, and Donald Glover, the comedian known for his role on Community, have joined the sequel to Magic Mike, the male stripper movie starring Channing Tatum.

The cast seemed to have been finalized a few weeks ago with the last-minute additions of Amber Heard, Andy McDowell and Jada Pinkett Smith, especially since Magic Mike XXL entered production in late August

The announcement of the new cast members arrives along with the first synopsis. Three years after his retirement from stripping, Mike and his former back-up dancers decide to reunite for one final spectacular performance.

Channing Tatum, Matt Bomer and Joe Manganiello return in the sequel, which is due to open on July 1, 2015. AFP

Music

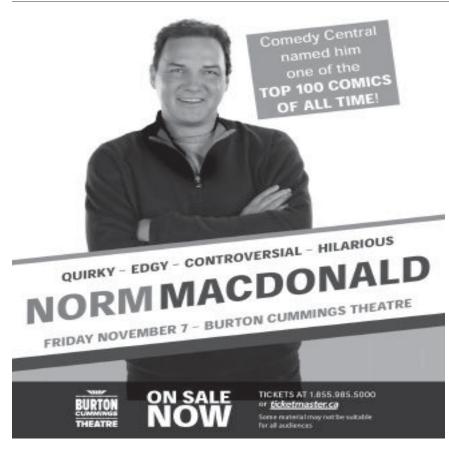


Andre 3000: 'Will I be the Hey Ya! quy forever?'

Grammy-winning rapper Andre 3000 says he hasn't figured out what to do next in music. His last album with his bestselling group Outkast was in 2006. Their hits include Ms. Jackson and Hey Ya! Andre 3000 said in

Andre 3000 said in a recent interview that he feels "self-doubt" and wonders at times if he already had his last shot at musical success. He says pondering the next career move is "really scary and really exciting at the same time."

The 39-year-old is the star of the Jimi Hendrix biopic, Jimi: All Is by My Side. THE ASSOCIATED PRESS







Want to date Taylor Swift? Learn to ignore all those other guys with cameras

Taylor Swift is going to have to find a new source of inspiration for her songs because she's perfectly happy staying single for a while.

Dating or finding someone is the last thing on my mind, because I can't picture how it could work with the way my life is," she tells British Vogue. "I don't know how a guy is supposed to walk next to his girlfriend when there are 20 men with cameras, and he can't protect his girlfriend because that's the life she chose."

Gotcha. We should expect

lots of songs about the paparazzi in the future.

The usually creative Swift is apparently baffled by how to work a romantic relationship into this famous-person

"I just don't see how it could work, so I don't think about it and I kind of run from it when it presents itself," she says, adding that men have still been trying to woo her. "They think that they would want to get to know me and maybe date me, but I don't think they want what comes with it.

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Facebook films offer new dawn for frustrated Twilight fans



NED EHRBAR

You thought our Twilight days were behind us, didn't you? Well think again.

Series creator Stephenie Meyer (who would rather you not ask about Twilight follow-up the Host) is looking for five aspiring female directors to create short films for Facebook based on Twilight characters.

I'm honestly torn here. On the one hand, creating high-profile opportunities for aspiring female directors is awesome and should be encouraged. But on the other hand, Twilight.

I just don't know what to think.

Adding some highbrow validity to the project? The panel that will be selecting those filmmakers: Kristen Stewart will be joined by Frozen director Jennifer Lee, original Twilight director Catherine Hardwicke, producer Cathy Schulman,



Modern Family star Julie Bowen and Oscar winners Octavia Spencer and Kate Winslet.

And Lionsgate, the studio financing the whole deal, knows how to be vague and threatening.

"We think Facebook is a great way for us to introduce the world of Twilight to a whole new audience, while re-energizing existing fans," vice-chairman Michael Burns tells the New York Times. "This is just the beginning — a template, if you will. You can probably guess what's coming next."

Don't play coy with me, Burns. Just tell me that I'm not done covering Twilight films yet. Team Neither



Why do DJs play my songs at the club like I haven't done over 80 Bangerz tour shows and sang this song 10 billions times #overit



@MarkDuplass

Proceeding with the assumption that people are, essentially, good. Tomorrow should be interesting.



@pattonoswalt

Tonight my daughter said, "I don't think I hate anyone." Challenge accepted.



Gwyneth's mom wants to know how Martha could be so cruel

Hey, remember a couple of weeks ago when Martha Stewart called out Gwyneth Paltrow for aping her lifestyle guru shtick? Here's a refresher, just in case: "If she were confident

in her acting, she wouldn't be trying

to be Martha Stewart," Martha Stewart said. Well, Paltrow's mom, and longtime Stewart pal, Blythe Danner is less than thrilled. The National Enquirer reports that Danner "asked Martha how she could say such a cruel thing about her daughter," a source says.

Stewart's response? She said that "she was just calling 'em as she sees 'em. Blythe was disgusted." They say you could feel the

earth tremble in East Hamp-







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Ex-panting your horizons: It's a new dawn for denim

Beyond blues. Fashion experts dish on five fresh fall denim styles for women

Women seeking to diversify their denim from traditional basic blues can expect to see fresh hues, prints and updates of popular styles in jeans on offer for fall. Denim experts dish on five fresh styles.

Black denim

After months of seeing jeans bathed in a range of hues, it's back to black in a big way for the colour that seems to transcend seasons.

"Black is essentially the new denim," said Gap Inc. spokeswoman Heather Hopkins. "It is the most wearable colour for many people, not just in terms of colour, but in terms of silhouettes and shapes and how it flatters one's body, too."

Toronto-based image consultant and personal stylist Lisa McLatchie offers a free copy of Denim DNA for visitors to her site (lisamclatchie.com), to help individuals select the best jeans for their body type.

As workers wear jeans more regularly to the office, McLatchie said a darker wash gives women a dressier alternative for day. What's more, it offers women who may be more self-conscious about the lower halves of their bodies another more slimming dark-hued option.

"It's even one step above the dark blue for minimizing areas they may be self-conscious of," McLatchie said.



Are you up on all the new ways of brandishing your bottoms? ISTOCI

DILLI

Pretty prints like florals and stars have lent eye-catching detail to denim in recent years. But tartans are also emerging as a statement-making pattern.

"I would say sort of the only rule with patterns is if a woman is a little bit curvier, she'd want to avoid patterns that have more straight lines in them. A plaid could be tricky for somebody who has fuller hips and is a bit curvier," said McLatchie. "Women with curvier lower halves would maybe want

to stick with some sort of geometric print or abstract or floral, polka dots ... as opposed to lines and stripes and plaids."

McLatchie said when selecting prints, consider sticking with patterns that are in the same scale as body proportions.

"A lot of women think that if it's a larger print and they're a larger woman, they can't get away with it. But it actually is more flattering to do it that way."

When it comes to teaming printed jeans with tops, McLatchie recommends keeping the garment on the upper half of the body in a

THE DESTRUCTED ALWAYS SKINNY JEANS (\$79.95), FROM GAP AND THE 1969 PLAID ALWAYS SKINNY JEANS (\$84.95) FROM GAP. GAP.COM solid neutral. But women can still have fun and mix prints and patterns and a bold range of colours if they so choose, she

Complement your curves

"A lot of women think that if it's a larger print and they're a larger woman, they can't get away with it. But it actually is more flattering to do it that way."

Lisa McLatchie, Image consultant and personal stylist

"You can still go for things that still have a different texture that pick up a colour that's in the jeans, like a cable-knit sweater or mohair or angora," she said. "You're still adding some sort of visual interest and element with the texture as opposed to the pattern."

The boyfriend

The comfy boyfriend style offers a hybrid of both slim and relaxed styles, and a new variation on the horizon for fall is being offered with the cuffs pre-rolled. Nigel Seebaran, menswear buyer at Over the Rainbow, a premium denim boutique in Toronto, said the cuffed style pairs well with flats or cropped boots.

"I think it's a great look for the fall because it gives your denim a little more depth and a little more of that relaxed look," he said, noting that pairing the jeans with a looser shirt offers an "effortless chic."

Looking to dress up the boyfriend? Consider teaming them with a pair of wedges or heels, Seebaran said.

Distressed denim

Distressed denim is best for women seeking a more laid-back style. While it pairs well with classic runners, Seebaran said the look can be made more upscale with a pair of flats or shoes showcasing a bit of lift and flash.

"Dress them up with a great black bootie, which will give you a great contrast," Seebaran said. "For a great pop of colour, throw on your favourite heels with them. Just being able to have a little bit of stacking at the bottom with a nice skinny jean will give a great look."

THE ASSOCIATED PRESS

Let's hear it for the boys

While men may not have as vast a range of denim selections at their disposal as women, there are still ways for guys to shake up their ensembles while incorporating jeans into the mix.

- Fashion expert Glen Baxter said a cross-Canada survey conducted by Mark's found that the top reason men say they buy and wear jeans is for comfort. Baxter is collaborating with the homegrown apparel retailer to help men seeking to transition their warm-weather wardrobe into the cooler months with new denim
- For men in need of an everyday pair of jeans for running errands, Baxter said a well-fitting, medium-wash pair or one in a relaxed fit are likely their best bets. But for a look that can translate to fit more upscale occasions, a darker-hued option may be the way to go.

Funky meets function at the front door

Every front door needs a mat, whether it's used to wipe your shoes before entering the house, or inside as a landing pad for soggy footwear. These door mats will add a touch of style to one of the most heavily used areas of your home





A luxury liner you can zinc your boots into

Zinc Boot Tray with Liner, \$50, CrateAndBarrel

Cause for thought

A message for a cause, designed by yours truly. Proceeds go to Breast Cancer research, Karl Lohnes' Queen doormat, \$35, CarpetOne.com/ Welcome-a-Cure



In your neck of the woods

Modern birch stencilled on coir for the front door. Forest Floor Mat, \$29, ZoneMaison.com



Diamonds under the soles of their shoes



Loft-style durability. Just roll it out and cut to size or go wall-to-wall in your foyer. Diamond Deck Metallic Graphite Door Mat, 3x5 ft., \$38, HomeDepot.ca

A step in the bright direction

Completely washable with a burst of cheery colour. Chilewhich's Multi Shag Door Mat, \$50, UrbanMode.com



Keep it simple and sleek with an industrial zinc finish. The textured liner speeds up the drying time for wet footwear.

Feet and greet

Leave your formalities at the front door. Baroque Welcome Doormat, \$15,

Picture your perfect moulding pattern

DIY. Walls make a great canvas for designs made from moulding

Visualizing the perfect home renovation and actually doing it are two completely different things. More often than not, it's not as easy as the pros make it look. For instance, timing and costs can often be higher than expected.

Before losing hope, here is a small budget-friendly project with a big payoff: DIY moulding wall art. Instead of just using moulding to trim ceilings and door frames, this project shows how to use moulding to create wall designs that will command attention.

Location, location, location

The first step to moulding wall art is selecting a room and a design type that will suit its style. The living room or bedroom is a great place to start this type of project.

Mount moulding on to the wall to outline a bed instead of a headboard or build a large frame to showcase other items like a painting or an accomplishment.

Cut the moulding accordingly to create diamond shapes and sporadically place them along the wall to decorate a bare area. Moulding wall art can be adapted to look great in any room.

Mix it up

Local hardware stores will carry a variety of mouldings. Select a style that has a lot of detailing for a more complex look or something simpler that you can put your own twist on.

There are no limits to styling and designing. Layer the planks to raise the moulding, use square panels to produce a checkered look, or cut different shapes to create a pattern. Let your creativity run wild!

Tips & tricks

Once a room and a design type have been selected, sketch out a plan on paper to help visualize the final product and determine

For more home renovation ideas catch brand new episodes of Renovation Realities, Saturdays at 10 p.m. ET/PT on DIY Network Canada.

measurements.

Consider using mediumdensity fibreboard as it tends to be less expensive and can be cut and shaped easily. When mounting the moulding, use a nail gun or hanging strips to avoid damaging the

Be sure to paint the wood before mounting it to the wall. This will help prevent getting fresh paint on the walls, especially if it's a different colour.

When the project is complete, use sand paper, wood filler, and paint to correct and smooth areas.

Any way, shape or form

Moulding wall art can be adapted to look great in any room.



ASSISTING YOU EVERY STEP OF THE WAY

THE FLOOR SHOW

Experience, quality products, the best price with free estimates and design services — all bundled into an innovative, creative package.

This is the foundation at The Floor Show. The Floor Show was founded in Winnipeg in 1998 and has been locally owned and operated since inception. Over the years, the company has experienced exceptional growth and its breadth of operations is fully ensconced in all aspects of the floor and window covering industry.

Whether you are in the market to replace your existing flooring or are excitedly planning the interior design options for your new build, The Floor Show has the products and vast knowledge to assist you every step of the way.

"I had no idea what to do with my basement renovation project and was deciding between carpet or vinyl with not much knowledge on the process," says one happy customer. "I had been looking for a few weeks and had not received much information from other places. When I stopped in at The Floor Show they helped me understand the differences between the two and the pros and cons of each. It was a fantastic

PASSING SAVINGS ON TO CUSTOMERS

The Floor Show is committed to extending its customers the best pos sible design and price on all flooring products it carries. As the largest volume dealer in the province, The Floor Show's tremendous buying power means it is able to pass along these savings to you.

learning experience and the salespeople were friendly and helpful. I would definitely recommend anyone visit The Floor Show for expert advice."

The design resources section on its website is worth a visit, as the interactive portals feature fantastic tools to assist you in designing and choosing the right product. With access to consultants, your questions are just a keystroke away. While online, view the gallery and take in a sampling of the exquisite projects completed for happy customers. You can also look at the showroom on the website.

Visit thefloorshow.ca or drob by the 5,000-square-foot showroom at 1042 Waverley St.



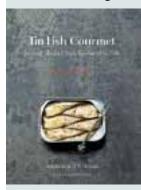
CONTRIBUTED



Life for canned fish goes beyond tuna casserole

Cookbook of the Week

Tin fish doesn't have to be boring



There is no reason why you can't use canned fish to make exciting appetizers, snacks and even entrees.

In her book Tin Fish Gourmet, Barbara-jo McIntosh shares a range of recipes that will transform canned seafood such as salmon, tuna, oysters, mackerel, sardines, crab meat, anchovies and more.

The recipes are perfect for students, those on a budget or those with time constraints. Among the included dishes are Oyster Pot Pie, Corn and Salmon Fritters, Asian Shrimp Stir-Fry, Swiss Chard and Salmon Lasagna, Anchovy-Stuffed Dates and more. **METRO**

Roasted Mackerel with Spanish Mash and Fried Leeks.

Bursting with flavours, this dish is surprisingly easy to put together and even easier to eat

"On a recent trip to Barcelona, I enjoyed this mash at a tapas bar located in the grandest food market I have ever visited," writes Barbara-jo McIntosh in her book Tin Fish Gourmet.

"I was so in love with the market — and with this particular tapas bar — that I ate lunch there on each of the four days I was in the city."

Spanish Mash

- **1.** Preheat oven to 200 F (93 C). Warm a casserole dish in
- 2. In a large pot of boiling water, boil carrots for 4 minutes. Add potatoes and garlic, and boil for another 13 minutes. Add Swiss chard and boil for another 3 minutes. When carrots and potatoes are tender and ready to mash, remove pot from heat and
- In a food processor, briefly blend cooked vegetables with oil, salt, and pepper (do not over-process; a little texture is both pleasing to the pal-

Spanish Mash

- 2 large carrots, peeled and chopped
- 1 medium Russet potato, peeled and chopped
- 1 clove garlic, peeled
- 2 large leaves Swiss chard, washed and cut into strips
- 2-3 thsp Spanish olive oil • sea salt and freshly ground

black pepper, to taste Roasted Mackerel

- 2 tbsp butter
- 1/4 tsp smoked paprika
- 4.4-oz (125-g) tin mackerel fil-
- lets in vegetable oil, drained
- · Sea salt and freshly ground black pepper, to taste

Fried Leeks

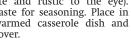
- 2 tbsp vegetable oil
- 1/3 cup (80 ml) thinly sliced

ate and rustic to the eye). Taste for seasoning. Place in warmed casserole dish and

Roasted Mackerel

1. Preheat oven to broil, with rack in middle.

In a small stainless steel (oven-proof) frying pan on medium heat, melt butter. Stir in smoked paprika. Place mackerel fillets in pan, turning until completely coated. Place in oven and roast until brown and bubbly, about 3 minutes. Season to taste with salt and pepper.



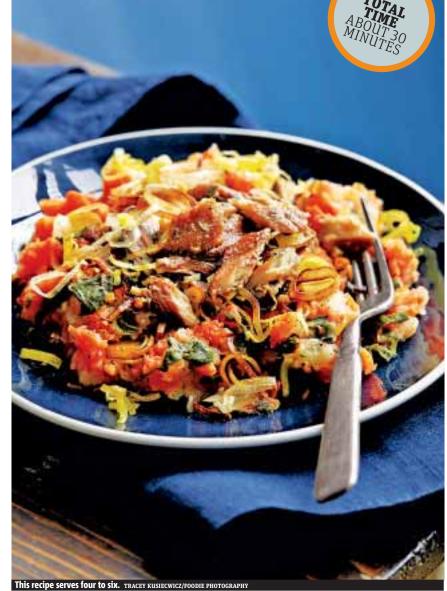


1. In a small cast-iron frying pan on medium-high, heat oil. Add leeks and fry for 2-3 minutes, or until crispy, then

drain on paper towels.

2. Divide Spanish Mash between two serving plates. Place roasted mackerels on

the mash, and top with crispy leeks. RECIPE FROM THE TIN FISH GOURMET: GREAT SEAFOOD FROM CUP-BOARD TO TABLE BY BARBARA-JO MC-INTOSH. (ARSENAL PULP PRESS, 2014).







A new fit at The Velvet Glove

Fresh menu. Classic dishes with modern twists prove this isn't your grandmother's Velvet Glove anymore



SHEL ZOLKEWICH

It would be impossible not to smile when the escargot appetizer from The Velvet Glove's completely revamped menu arrives at your table. The mollusks get a dash of garlic and white wine. Grilled asparagus and green onions ride sidesaddle. There's a scattering of malt bread made black with a secret ingredient to conjure up the idea of soil. The bowl comes nestled in a bed of moss. It's called Snails in a Garden.

"These are classic dishes with a modern twist. And maybe a touch of whimsy because life is way too serious, right?" says Eraj Jayawickreme, the affable new executive chef at The Fairmont.

The changes are part of The Fairmont's plan to attract non-traditional diners to The Velvet Glove. says Pascale Rocher, food and beverage sales and marketing manager.

"There are a lot more young professionals that

PASCALE ROCHER

are willing spend a little bit more on food; more likely to snap a photo on Instagram and share it," she said. But a new approach can't alienate the patrons who know and love the restaurant. So the menu keeps all its class, but with a little bit of fun thrown into the mix.

At breakfast, apple pancakes are topped with streusel, dulce de leche and smoked butter. At lunch, lobster mac and cheese crunches come with a layer of Corn Flakes. At dinner, bison carpaccio gets dressed up with hay mayonnaise (a concoction made by smoking grapeseed oil over burning hay). There's a croquette made of pork jowls. Rabbit makes and appearance in a rillette. And there's even a Game Meat of the Moment offering, served up with duck fat roasted potatoes and wild mushrooms.

Shel Zolkewich writes about food, travel and the outdoors when she's not eating, on the road or playing outside. Visit her blog at shelzolkewich.com. Got a food story idea? shel@ shelzolkewich.com





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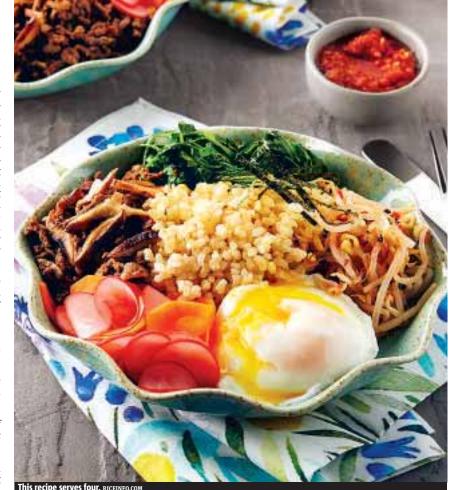
A unique mishmash of vegetables, protein and rice

Healthy Bibimbap Bowl. Put a nutritious spin on this Korean favourite by using brown rice

Bibimbap is a traditional Korean dish that means "mixed rice". Its rise in popularity might be due to its simplicity and flavourful kick in every mouthful. What could be easier, or more fun, than tossing vegetables, protein and rice in a bowl, crowning with an egg and then stirring together all the ingredients? Eating it! This spin on Bibimbap uses brown rice to boost the nutrition profile of this no-fuss, seven-step

- 1. In a small bowl, combine radishes, carrot, sugar and cider vinegar. Let marinate for 30 minutes.
- 2. Stir together bean sprouts, garlic chili sauce, sesame oil and seeds.
- 3. In a large skillet, sauté kale and arugula with oil over high heat. Transfer to a bowl.
- 4. In same skillet, cook beef with shiitake slices and garlic over high heat.
- 5. Meanwhile, poach eggs in a medium pot of simmering
- **6.** Arrange 3/4 cup rice in the middle of 4 bowls, top each with 1/4 portion carrot and radish pickle, 1/4 of bean sprouts, 1/4 kale and arugula, 1/4 beef and shiitake and 1 poached egg.
- 7. With scissors, cut nori into thin strips and sprinkle over

USA RICE FEDERATION, RICEINFO.COM



- 3 radishes, thinly sliced
- 1 carrot, peeled and thinly sliced
- 2 tbsp (30 ml) sugar
- 2 tbsp (30 ml) apple cider vinegar
- 1 cup (250 ml) bean sprouts,
- 2 tsp (10 ml) garlic chili sauce
- 1/4 tsp (1 ml) sesame oil
- 1/4 tsp (1 ml) sesame seeds
- 4 cups (1 l) baby kale and arugula mix
- 1/2 tsp (2 ml) olive oil
- 1/2 lb (225 g) extra lean ground
- 1 cup (250 ml) sliced shiitake mushrooms

metronews.ca Thursday, October 2, 2014

- 1 tsp (5 ml) minced garlic
- 4 eggs
- 3 cups (750 ml) cooked short grain U.S. brown rice
- 1 sheet nori

Stuff Greek Salad into mushrooms

If you love Portobello mush-rooms, this makes a great

Ingredients

- 3/4 cup panko crumbs or bread
- crumbs • 2 tbsp grated Parmesan cheese
- 1 egg
- 2 tbsp milk
- 6 large Portobello mushrooms,
- cleaned with stem removed
- 1/2 cup each diced seeded
- tomato, green pepper, cucumber
- 1/2 (2 oz) cup diced feta cheese
- 1/4 cup diced green onion
- 2 tbsp chopped black olives
- 1 tbsp olive oil
- 1 tbsp lemon juice
- 1/2 tsp minced garlic
- 1/2 tsp dried basil

side or vegetable dish. I like to serve the stuffed mushroom at room temperature.

This a unique way of serving a Greek salad.

1. Preheat your oven to 425

F. Line a baked sheet with foil. Mix the panko crumbs and cheese and place on a flat plate. Mix the egg and milk and place on a separate dish. Dip mushroom caps, both sides, into egg mixture then crumb mix-

- 2. Place mushroom caps on sheet and spray with vegetable oil. Bake for 15 minutes just until tender and browned.
- **3.** In bowl combine remaining ingredients. Divide the vegetable mixture over top the mushroom caps.

metronews.ca Thursday, October 2, 2014 **SPORTS**

CFL Awards

Cornish takes two prizes

Calgary running back Jon Cornish has won a pair of CFL monthly awards after putting up big numbers in September.

Cornish was named the league's top offensive player and top Canadian after he rushed for 439 yards and two touchdowns and added 62 receiving yards and a touchdown over three

Montreal linebacker Bear Woods won defensive player of the month, while Saskatchewan receiver-returner Weston Dressler won the special teams award. THE CANADIAN PRESS

Stamps at Riders

Mitchell was a tease. Tate starts

After saying Bo Levi Mitchell looked ready to quarterback the Calgary Stampeders again, coach John Hufnagel gave Drew Tate the nod to start Friday in Regina against the Saskatchewan Roughriders.

"There's two reasons. One is that Drew has had an excellent week of practice," Hufnagel told reporters Wednesday. "The other reason I will tell you when I'm done with my coaching career.

Calgary (11-2) can secure a playoff berth with a win over the Roughriders (9-4). A loss by the Blue Bombers (6-7) to Ottawa in Friday's earlier game, however, would also ensure a playoff spot for the Stampeders.

THE CANADIAN PRESS

Injuries ramp up, rookies to step up

Five sent down.

New names getting a turn on the ice as camp wrapping up

As training camp draws to a close with a number of players nursing minor injuries, Winnipeg Jets coach Paul Maurice says it could affect how many more they send back to the minors.

The Jets dispatched five more Wednesday to their AHL farm team, but Maurice could be a little more cautious as camp winds down.

"That may have an effect," he said Wednesday of his moderately full sick bay. "We'll get to our 23 plus injured guys ... so if that list doesn't shrink, we're going to have more bodies here."

Forwards John Albert, Carl Klingberg and J.C. Lipon were dispatched to the St. John's IceCaps on Wednesday, along with defenceman Julien Brouillette and goaltender Connor Hellebuyck. Brouillette and Klingberg have to clear waiv-

After their departure, the Jets still had 32 players on their camp roster, although some weren't skating.

Blake Wheeler didn't skate after getting hit by a puck Tuesday night. Dustin Byfuglien remained out as well, along with forwards Eric O'Dell and TJ Galiardi. Other players who got a day off included Toby Enstrom, Bryan Little and Patrice Cor-



ay. Cormier is one of many household names injured in the

tough for Byfuglien to play a lot of minutes in the top six when the season starts if he doesn't return soon. He hasn't played in more than a

Injuries have given a lot of other players time to show their stuff.

"It's turned out to be a real good thing for other players getting an opportunity, so that's the positive in it," Maurice said. "Most of these (veteran) guys have got enough experience that we've got three days of practice before Maurice says it will be that opener that we can get it

That tryout continues for some when the Jets visit Calgary on Thursday night.

On Winnipeg's forward lines, hopeful Nic Petan will line up with captain Andrew Ladd and Michael Frolik; Evander Kane and Mark Scheifele will get 2014 draft pick Nik Ehlers; and Mathieu Perreault and Matt Halischuk will get Adam Lowry, a rookie who continues to look more and more at home in the NHL.

Perreault, who replaced Olli Jokinen in the Jets lineup, says he has good chemistry with Frolik and Lowry.

"He works really hard, he's a very smart guy," he said of Frolik. "Responsible defensively, which is always fun to have on your line. He's a guy that can also play offence; he does it all."

And Lowry, with only one season in the AHL under his skates, is the kind of big linemate Perreault says he has worked well with in the past.

"He's a big kid. He's a smart player as well," he said of the six-foot-five forward, who plays centre and wing. THE CANADIAN PRESS

Lawsuit kicks off turf war with FIFA, CSA



A group of elite players has filed a lawsuit in Canada challenging plans to play the 2015 Women's World Cup on artificial turf.

The players, led by U.S. women's national team forward Abby Wambach, filed Wednesday in the Ontario Human Rights Tribunal in Toronto, lawyer Hampton Dellinger said.

The women claim that playing the sport's premier tournament on fake grass amounts to gender discrimination under Canadian law. Their male counterparts have always played the World Cup on natural grass surfaces and will for the foreseeable fu-

The players say they believe there is a greater risk of injury on artificial turf and that it impacts both how the game is played and how the ball behaves.

Among the athletes joining Wambach are U.S. teammate Alex Morgan, Germany's Nadine Angerer, Brazil's Fabiana Da Silva

Simoes and Spain's Veronica Boquete.

"The gifted athletes we represent are determined not to have the sport they love be belittled on their watch. Getting an equal playing field at the World Cup is a fight female players should not have to wage but one from which they do not shrink. In the end, we trust that fairness and equality will prevail over sexism and stubbornness," Dellinger said in a statement.

THE ASSOCIATED PRESS

McDavid's talent inciting tank talk

Looking ahead. With top junior drawing comparisons to Crosby, chance to land No. 1 pick in 2015 could take sting off of losing this season

In a sport that doesn't exactly feature the language of saints and choirboys, there's a dirty, four-letter word that even hockey players don't want to hear: tank.

Tank, in this case, refers to losing to guarantee a high draft pick. And no other year in recent memory is it considered a more popular route to take, with at least two potential superstars in Connor McDavid and Jack Eichel on the board.

"I don't think any team's really doing that," McDavid said in an interview. "No NHL team, no OHL team, no team ever would purposely lose or tank or have a bad year for (a

Chances dwindling

The NHL has made it a little bit harder for the league's worst team to win the draft lottery.

Now, the team with the fewest points has a 20 per cent chance of getting the No. 1 pick instead of 25, the team with the second-fewest has a 13.5 per cent chance instead of 18.8 and the team with the third-fewest has an 11.5 per cent chance instead of 14.2.

high draft pick)."

Lose on purpose? No, players on some of the league's rebuilding teams like the Buffalo Sabres and Calgary Flames aren't trying to lose, but it's no secret that a handful of organizations that are down on their luck could use the kind of boost McDavid or Eichel should provide.

Eddie Olczyk remembers from his time as coach of the Pittsburgh Penguins from 2003 to 2005 what it was like to lose, preach patience and hone

"I know what we were trying to do in a similar situation," Olczyk said last week in Buffalo. "You do need that stud or two to come down the pipe."

For the Penguins, it was No. 1 overall picks Sidney Crosby and Marc-Andre Fleury and No. 2 overall picks Evgeni Makin and Jordan Staal. Each of the past six Stanley Cup champions had at least one player picked in the top three: the Chicago Blackhawks' Jonathan Toews and Patrick Kane, Los Angeles Kings' Drew Doughty and Boston Bruins' Tyler Seguin.

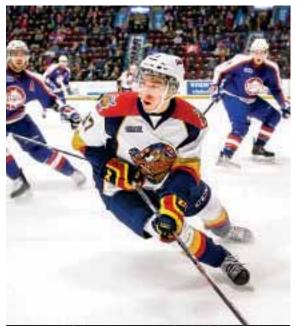
McDavid, considered the front-runner to go first overall

in June's draft in Sunrise, Fla., might be the closest thing to a quick fix there is. The six-foot playmaking centre has drawn comparisons to Crosby since he was 15 years old.

Fans of bottom-feeding teams are already thinking ahead to what it would be like to have McDavid or Eichel next season. Of course the Edmonton Oilers and their three consecutive No. 1 picks and zero playoff appearances show that's not always a recipe for success.

But McDavid is supposed to be different: a once-in-a-generation talent who's worth a season's worth of losses. Still, the 17-year-old said he's not watching the standings or thinking about what jersey he'll be putting on in nine months.

"You can't really worry about that," McDavid said. "There's no second-class organizations in the NHL. They're all great spots. Wherever I'm fortunate enough to go, it'll be great." THE CANADIAN PRESS



Connor McDavid had 99 points in 56 games played with the OHL's Erie Otters last season and already has eight in the three he's played so far in Erie's current campaign. DENNIS PAJOT/GETTY IMAGES

Real Madrid's Karim Benzema is congratulated by teammates after scoring the winning goal against Ludogorets Razgrad on Wednesday in Sofia, Bulgaria. Scan the image with your Metro News app for more Champions League results from around Europe. DIMITAR DILKOFF/AFP/GETTY IMAGES

Galácticos barely survive UEFA Champions League minnows

Real Madrid's 10 European titles were no protection on the road in the Champions League on Wednesday.

Real Madrid trailed early against Bulgarian newcomer Ludogorets Razgrad, which was only formed as a club 13 years ago — in the same season the Spanish giant won its ninth title

After Ludogorets' stunning sixth-minute opener, Cristiano Ronaldo had a penalty saved and then scored with a second

Race to catch Raul

69

Cristiano Ronaldo had a 10th-minute penalty saved by goalkeeper Vladislav Stoyanov, but soon got a second chance to convert and closed in on Raul Gonzalez's record of 71 Champions League goals in the group stage and knockout rounds. Ronaldo has scored 69 goals — not including one in a qualifying-round match — and leads Lionel Messi by one in what promises to be another season-long duel.

spot-kick in the 24th, before Madrid got substitute Karim Benzema's 77th-minute goal to force a 2-1 win.

"We played as equal to Real, and I am delighted with

our performance," Ludogorets coach Georgi Dermendzhiev said.

Ludogorets' fans have to travel 335 kilometres to watch their team play at the national stadium in Sofia because the club's 6,000-seat arena does not meet Champions League standards.

But the supporters had reason to celebrate early after Brazilian midfielder Marcelinho headed in a cross flicked on to the far post. THE ASSOCIATED PRESS

Breathalyzer test

Phelps blew close to twice legal limit

Police documents indicate that Olympic swimmer Michael Phelps registered .14 per cent on a breathalyzer test after he was stopped on a speeding violation.

The legal limit for intoxication in Maryland is .08.

The statement of probable cause by the Maryland Transportation Authority police also says Phelps' eyes were bloodshot and 'his speech was mush mouth." THE ASSOCIATED PRESS

Women's basketball

Canada making big jump in Turkey

Canada advanced to the quarter-finals of the women's world championship for the first time in 20 years after knocking off the Czech Republic 91-71 on Wednesday in Ankara, Turkey.

After finishing 12th at the 2010 worlds, which were hosted by the Czechs, Canada has seen steady improvement over the past four years, led by a talented young group of players.

THE ASSOCIATED PRESS

Brady moving on



"It's important not to ride the wave of emotion

of, 'Yeah, we're really great,' and, 'Yeah, we're terrible this week.' It doesn't serve any purpose other than to understand the things that you need to correct."

Patriots QB Tom Brady on recovering from Monday's 42-14 loss to the Chiefs

'Tough on your head'

Packers OL laments Thursday nighter

Offensive lineman Josh Sitton could use a break.

Unfortunately for him, the NFL schedule calls for Green Bay and its standout left guard to play the Minnesota Vikings on Thursday night — just five days after the Packers' last game.

This didn't make him happy on Tuesday.

"I hate it," Sitton said. Life in the trenches can be enough of a grind with the pounding that occurs in the running game.

Tuesdays are when offensive linemen really feel the pounding. It's usually a day off in a normal work week in Green Bay.

This is no normal week.
"I think it's stupid. I
think it's all about money
for the NFL, obviously,"
Sitton said regarding
Thursday-night games.
"That's what this league
is about, is about making
money — which is fine.
I like to make money, as
well.

"But, yeah, it's tough on your body, tough on your head," Sitton said. THE ASSOCIATED PRESS

Wild-card playoff

Ratings rise for Royals comeback

Extra innings boosted viewership for the American League wild-card game.

The Kansas City Royals' comeback 9-8 win in 12 innings over the Oakland Athletics on Tuesday averaged more than 5.2 million viewers on TBS. The network said that's up 14 per cent from last year's NL game between Cincinnati and Pittsburgh to open the post-season, a 6-2 Pirates

THE ASSOCIATED PRESS

AUGMENTED REALITY

Stuck on 12 Across? Scan this image with your Metro News app for today's crossword and Sudoku answers. It's OK. No one's watching.



→ See the full instructions on Metro's Voices page.

Horoscopes by Sally Brompton

T Aries

March 21 - April 20

No one doubts your dedication but are you dedicated to the right goals? The planets warn you should not aim at a particular target just because you think it is expected of you.

Taurus April 21 - May 21

Don't wait for permission to do something you know is right. Even the most agreeable Taurus should be more assertive when there is a higher good at work.

∐ Gemini

May 22 - June 21

You can afford to take a risk today where affairs of the heart are concerned. Don't be afraid to reveal your innermost feelings to the one whose affections you are after.

9 Cancer

June 22 - July 23

A positive attitude is often enough to turn the tide, so look on the bright side of today and don't worry about tomorrow. The surge of confidence you feel should be enough to see you through this difficult phase.

Ω Leo

July 24 - Aug. 23

Sometimes change can be the best possible thing to happen. Bear that in mind today if you feel that things are moving fast.

M Virgo

Aug. 24 - Sept. 23

You don't like to see people you care for make fools of themselves but it seems they are pretty determined about it, so what can you do?

△ Libra

Sept. 24 - Oct. 23

There is an easy way and a hard way to get to your destination. The easy way is to co-operate with people you don't always get along with. The hard way is to try to do everything yourself.

M Scorpio Oct. 24 - Nov. 22

It seems you are having second thoughts about a project. Yes, it's going to be tougher than you expected. Have faith in your abilities and be willing to work harder than everyone.

Sagittarius Nov. 23 - Dec. 21

There are some things that can only be done as part of a team. You may be eager to get things started but until those you work with are ready to begin, you won't make much progress.

6 Capricorn

Dec. 22 - Jan. 20

Even the most ambitious of Capricorns will be at peace with the world today. No matter how much you are provoked you cannot be bothered to react.

Aquarius Jan. 21 - Feb. 19

The Sun and Venus in one of the best areas of your chart means you can see the positive side of most situations. Have a laugh.

H Pisces

Feb. 20 - March 20

Act on the assumption that there is no such thing as chance. If something unusual happens today there is sure to be a reason for it and your job is to find out what it is

Crossword: Canada Across and Down by Kelly Ann Buchanan

Across

- 1. Belonging to "The Silence of the Lambs" (1991) gr.
- 5. Mine passage 9. Plundered, archaicallv
- 13. Guitarist Ms. Boyd 14. Art
- 15. Gulf leader [var.
- sp.1 16. They're still flying with the same design since 'No' won in Scotland: 2 wds.
- 18. Fodder tower 19. Gladiator's 250
- 20. L'amour (Love of my life)
- 21. Mr. Goat 22. Song in which #65-Across has "been a miner": 3 wds.
- 26. Oman money 27. Enjoy yourself: 2 wds.
- 31. Target
- 33. Personhood proof: 2 wds.
- 36. "_ Maria" ___ Loops (Kellogg's 37. cereal)
- 39. Chicago building, Center
- 40. Dealership
- delivery? 42. 'Ear'-meaning prefix
- 43. Honda luxury cars 46. Aloud
- 47. Cute baking/serving bowl
- 49. Math class [abbr.]
- 51. Annabelle in new horror flick "Annabelle" (2014) is a
- what?: 2 wds. 55. Poe's bird
- 58. Ristorante wine
- 59. Away 61. Country's Mr. Jackson
- 62. Sarah McLachlan

song that starts: "Hey, your glass is empty...": 2 wds.

52 53

65. Mr. Young

43

- 66. Keen 67. Picnic playwright
- William, and surnamesakes
- 68. Abnegate
- 69. Knight's beloved
- 70. "__ gut!" (Very good, in German) Down 1. Toronto intersec-

45

- tion/neighbourhood, Jane and 2. One of RMS Titanic's
- six: 2 wds. 3. Veil heroine 4. Comedian Ms.
- 9. Live somewhere 10. "__ and t tives" (1964) and the Detec-11. Plug

6. Coffee choice

8. Fros' friends

Bernhard

Ruggiero

7. "Gross!"

5. Canadian actor Mr.

- 12. Iliad site 13. Hockey great Mr. Robitaille
- 17. "Kiss of the Dragon" (2001) star: 2 wds.
- 21. LA's Sunset, et al. 23. "Bed Peace" songstress, Jhene
- 24. Accra's locale 25. Boat implement 28. 1957: Canada's
- first female Cabinet Minister, Ellen Louks
- (b.1905 d.2004) 29. Eye part
- 30. Foster flick 31. "Dial Murder" (1954)
- 32. "Thou _lady." -
- King Lear 34. Faze
- 35. __ anglais (English horn)
- 38. BTO's "__' Care of
- Business" 41. __ shirt
- 44. Li'l Ohio city 45. Play part
- 48. Equally
- 50. Aphrodite's beau
- 52. Bypass 53. Elated
- 54. Sporty sledder
- 55. Author Ayn
- 56. Sailing side
- 57. Egotistical 60. Ordinal suffixes
- 62. Lass
- 63. Lab eggs 64. Unitary

42

See today's answers at metronews.ca/answers



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

1	8	9	6	3	7	5	2	4
3	4	2	8	5	1	6	9	7
6	7	5	2	4	9	3	8	-1
8	3	4	1	6	5	9	7	2
2	5	7	9	11	3	4	1	6
9	1	8	4	7	2	8	3	6
4	6	3	7	1	0	2	5	9
5	2	1	3	9	4	7	6	8
7	9	В	5	2	6	1	4	3

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1	9					4		6
		4		3				7
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2 6				6		9		
6		5					1	4
					1		8	

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